

Items Available for Purchase in Cebu

Cebu has numerous large shopping malls, and you can buy everything necessary for daily life.

Within walking distance is IT Park, a business district where nearly all daily essentials are readily available.

You can easily buy clothes and daily items locally.

For long stays, we recommend buying them here instead of bringing everything with you.

• Medicines & Healthcare

1	General medicine	Available	Most basic medicines are available, but we recommend bringing your own.
2	Contact lens solution	Available	You can buy them at a drugstore.
3	Contact lenses	Available	They are available locally, but we recommend bringing your own.
4	Eye drops	Unavailable	Please bring them with you.
5	Throat lozenges	Available	

• Daily Necessities

1	Skincare products	Available	Available, but bring your own if you have specific preferences.
2	Cosmetics	Available	Same as above.
3	Shampoo	Available	Widely available at nearby drugstores.
4	Body soap	Available	Same as above

5	Toothpaste	Available	Same as above
6	Sanitary products	Available	Available, but bring your own if you have sensitive skin.
7	Hair wax/oil	Available	Widely available at nearby drugstores.
8	Toothbrush	Available	Same as above
9	Tumbler/cup	Available	
10	Glasses	Available	Available, but Japanese options offer better variety and price.
11	Umbrella	Available	
12	Wet tissues	Available	
13	Pocket tissues	Available	
14	Towels	Available	Since towels are bulky, bring a few days' worth and buy the rest locally.

• **Clothing**

1	Clothes / Underwear	Available	Uniqlo is available in Cebu.
2	Shoes / Sandals	Available	
3	Bags	Available	For safety, use a bag with a zipper that fully closes.
4	Swimsuits	Available	Available, but bring your own for better quality and style.

• **Electronics**

1	Smartphones	Available	
---	-------------	-----------	--

2	Hair dryers	Available	Better to buy locally due to bulk and voltage differences.
3	Laptops	Available	
4	Tablets	Available	
5	Mobile batteries (power banks)	Available	
6	Voltage converter	Unavailable	